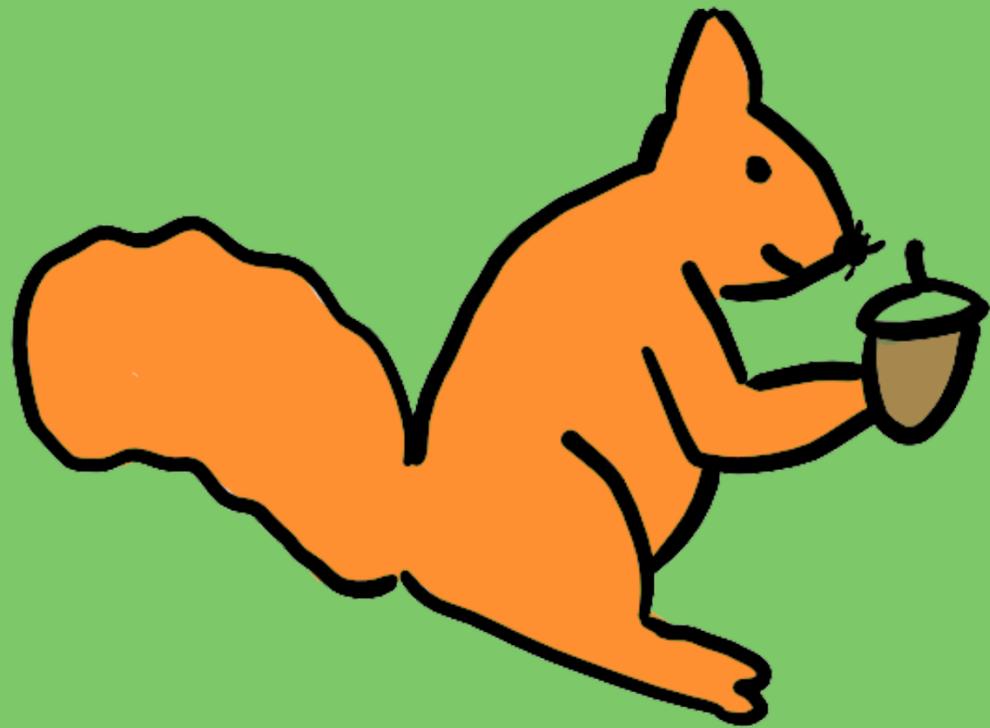


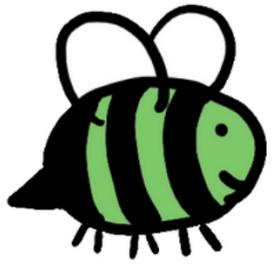
Konflikte alleine lösen

Konflikte lösen!

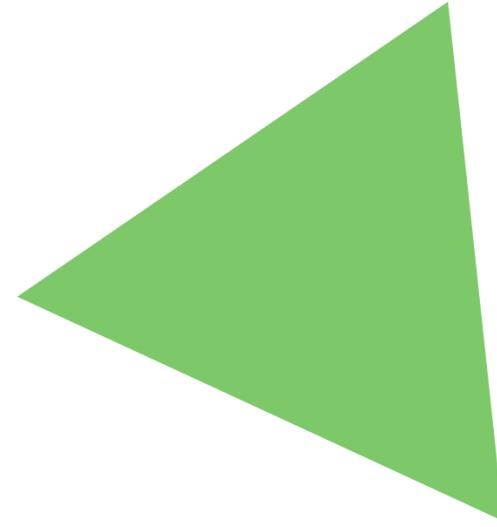


Konflikt typen

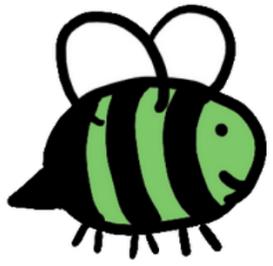
Konflikte lösen!



Konflikt typen

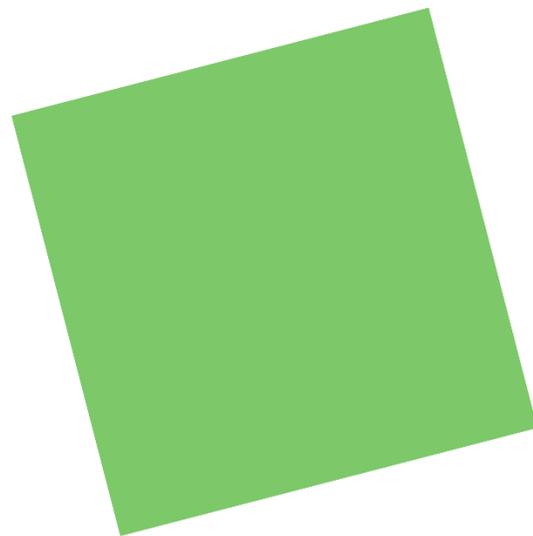
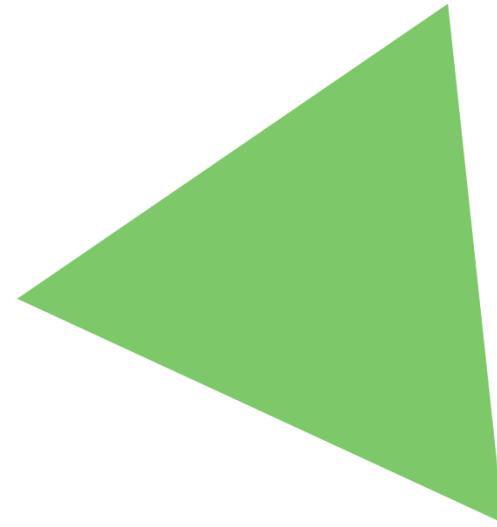


Konflikte lösen!



Konflikt

typen

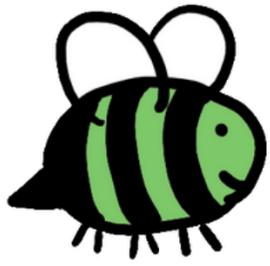
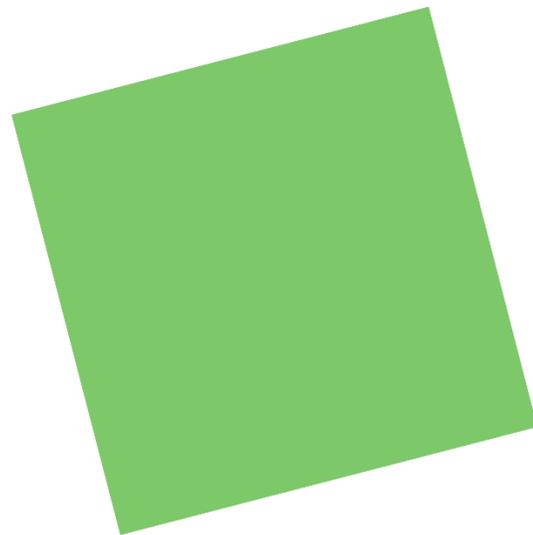
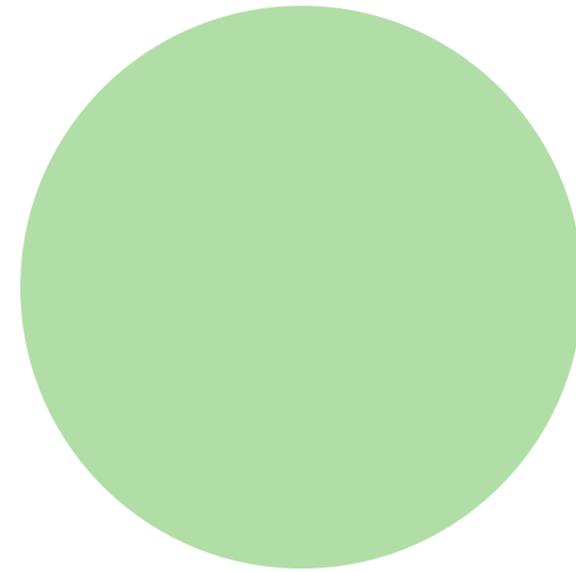
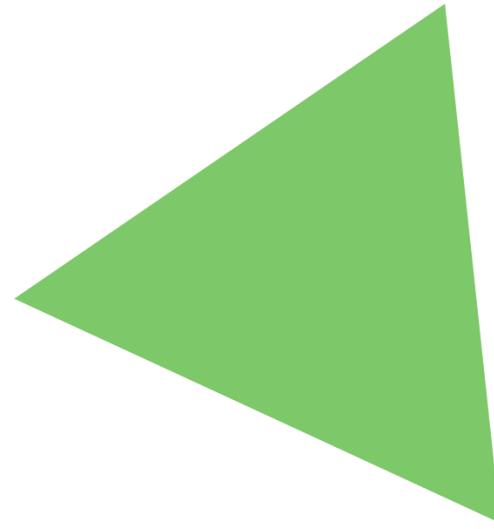


Konflikte lösen!



Konflikt typen

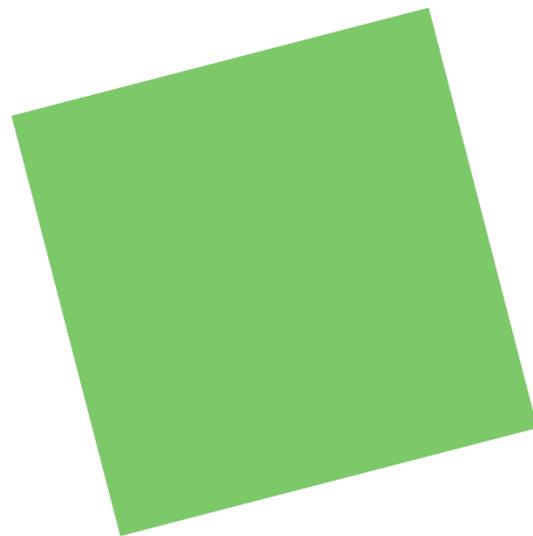
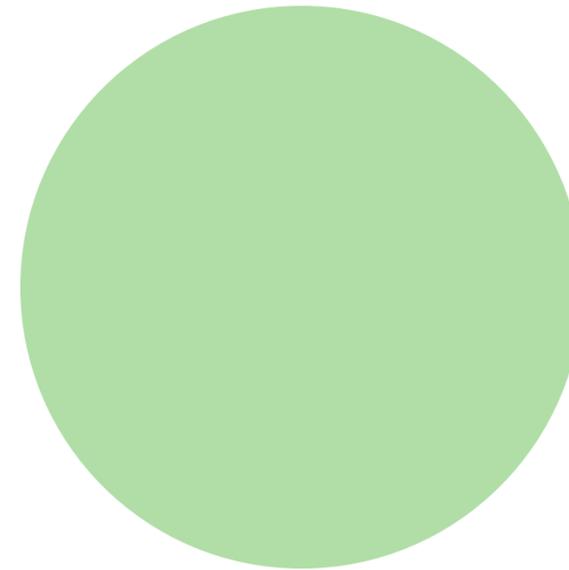
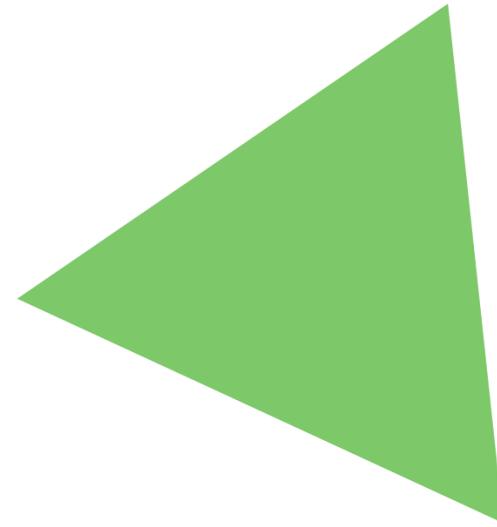
Konflikte lösen!



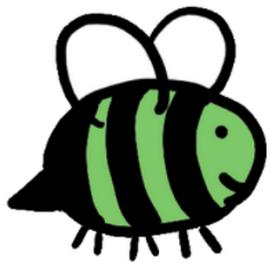
Konflikt

typen

direkt,
konfrontierend



Konflikte lösen!

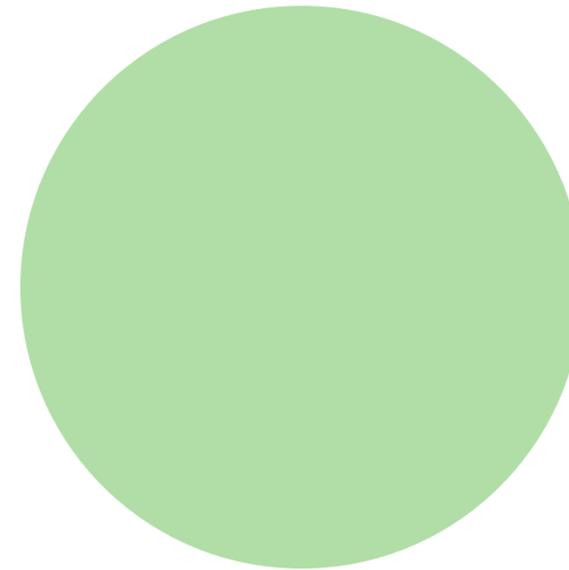
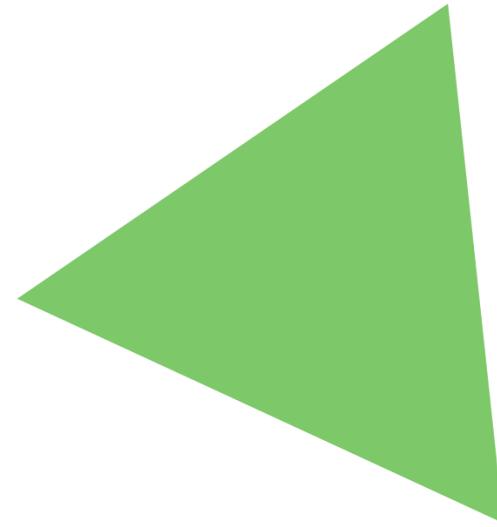
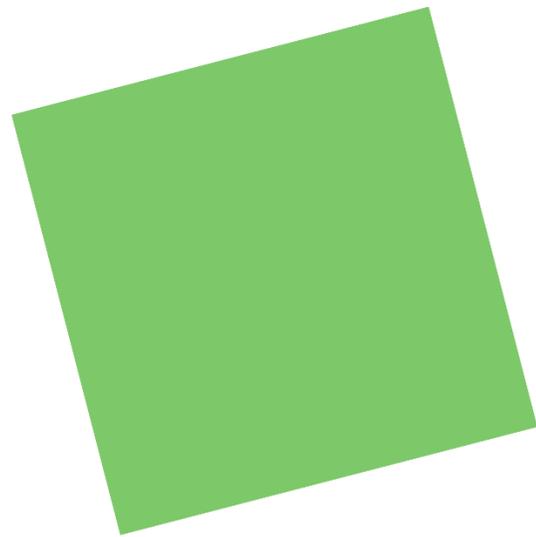
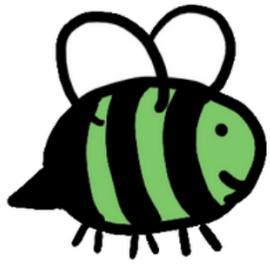


Konflikt

typen

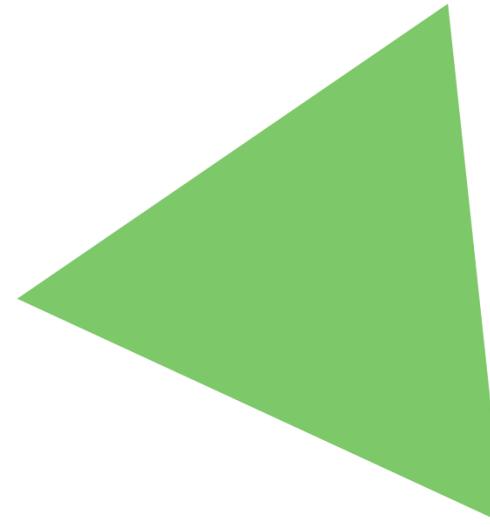
direkt,
konfrontierend
verletzend

Konflikte lösen!



Konflikt

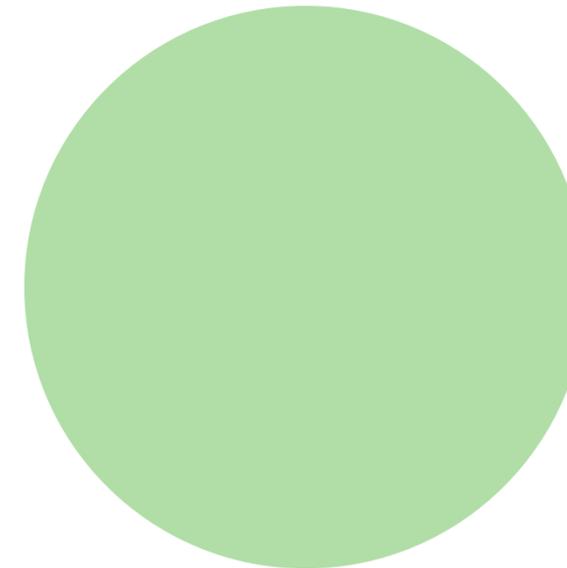
typen



direkt,
konfrontierend
verletzend



kann gut
Grenzen setzen;
stabil

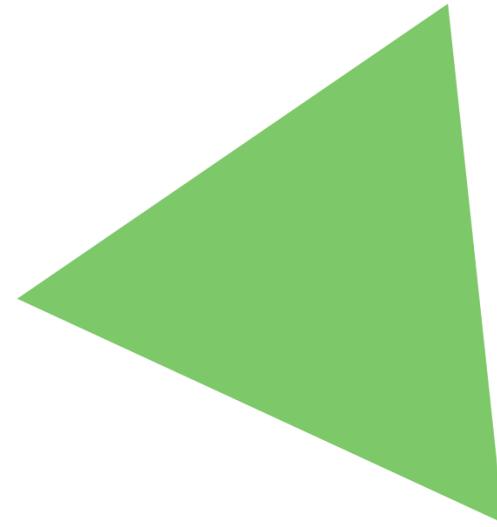


Konflikte lösen!



Konflikt

typen

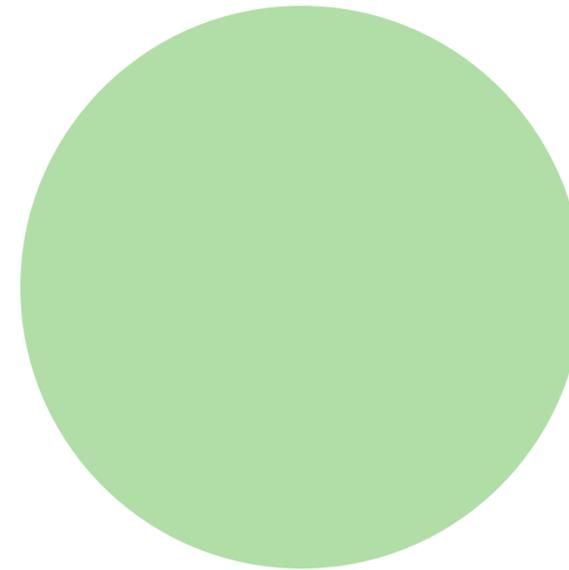


direkt,
konfrontierend
verletzend



kann gut
Grenzen setzen;
stabil

blockierend

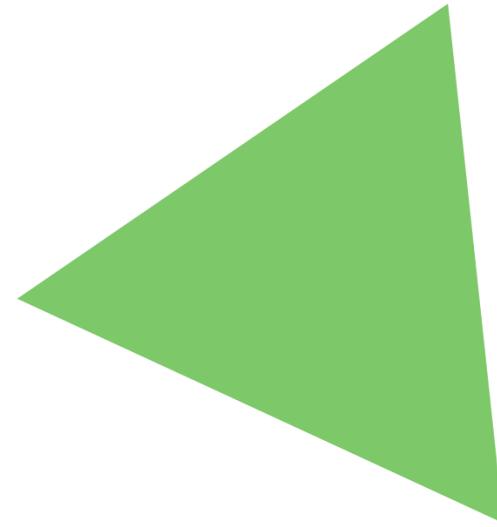


Konflikte lösen!

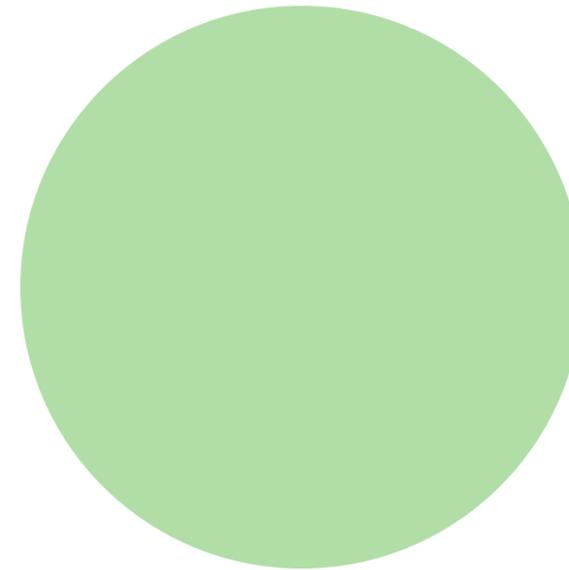


Konflikt

typen



direkt,
konfrontierend
verletzend



vermittelnd, fließend



kann gut
Grenzen setzen;
stabil

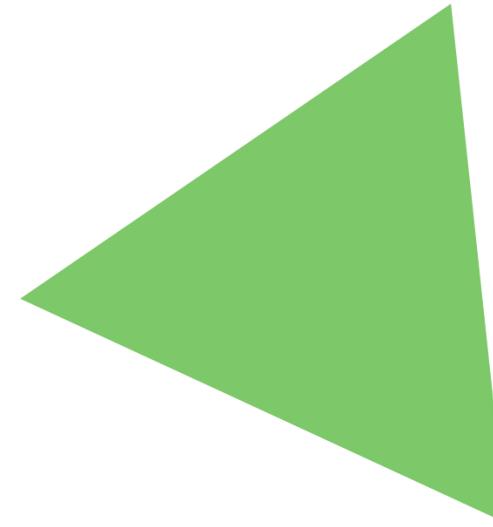
blockierend

Konflikte lösen!

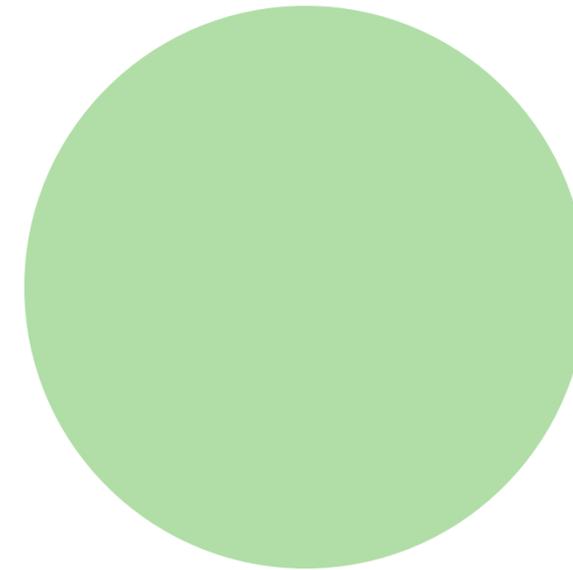


Konflikt

typen



direkt,
konfrontierend
verletzend



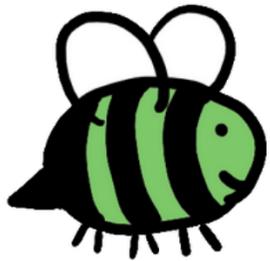
vermittelnd, fließend
unverbindlich

kann gut
Grenzen setzen;
stabil

blockierend

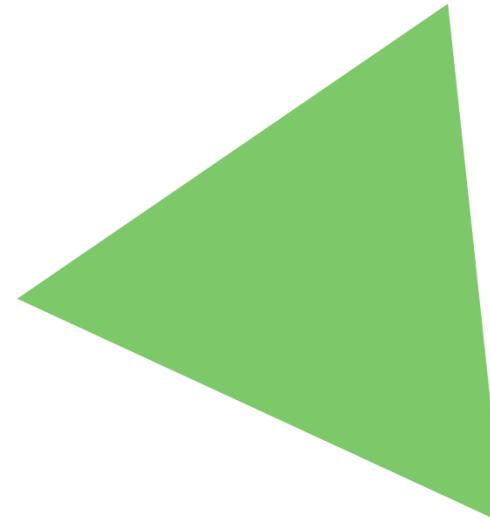


Konflikte lösen!

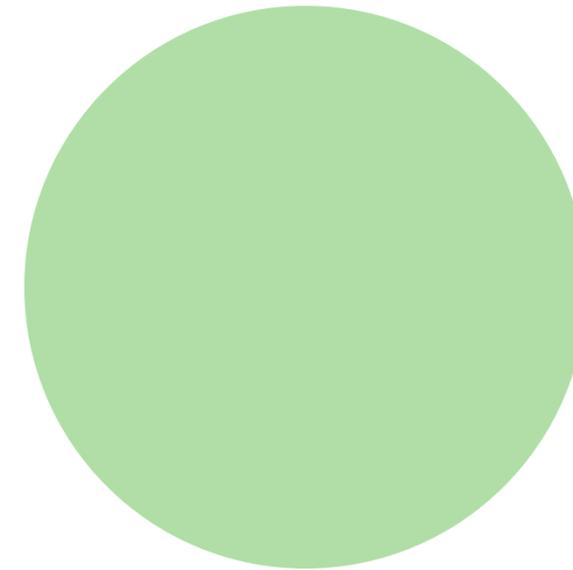


Konflikt

typen



direkt,
konfrontierend
verletzend



vermittelnd, fließend
unverbindlich

kann gut
Grenzen setzen;
stabil

blockierend

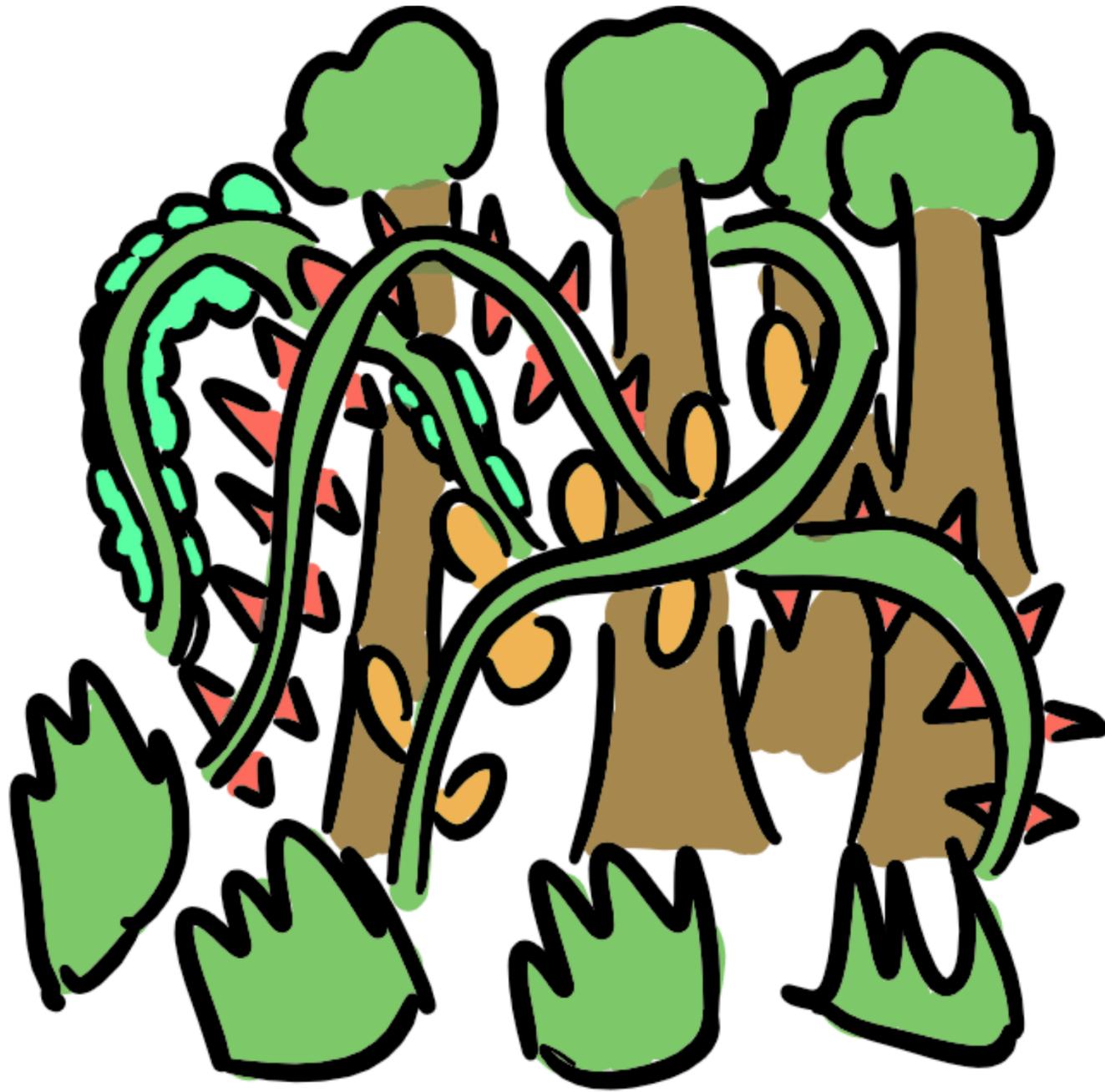


Konflikte lösen!



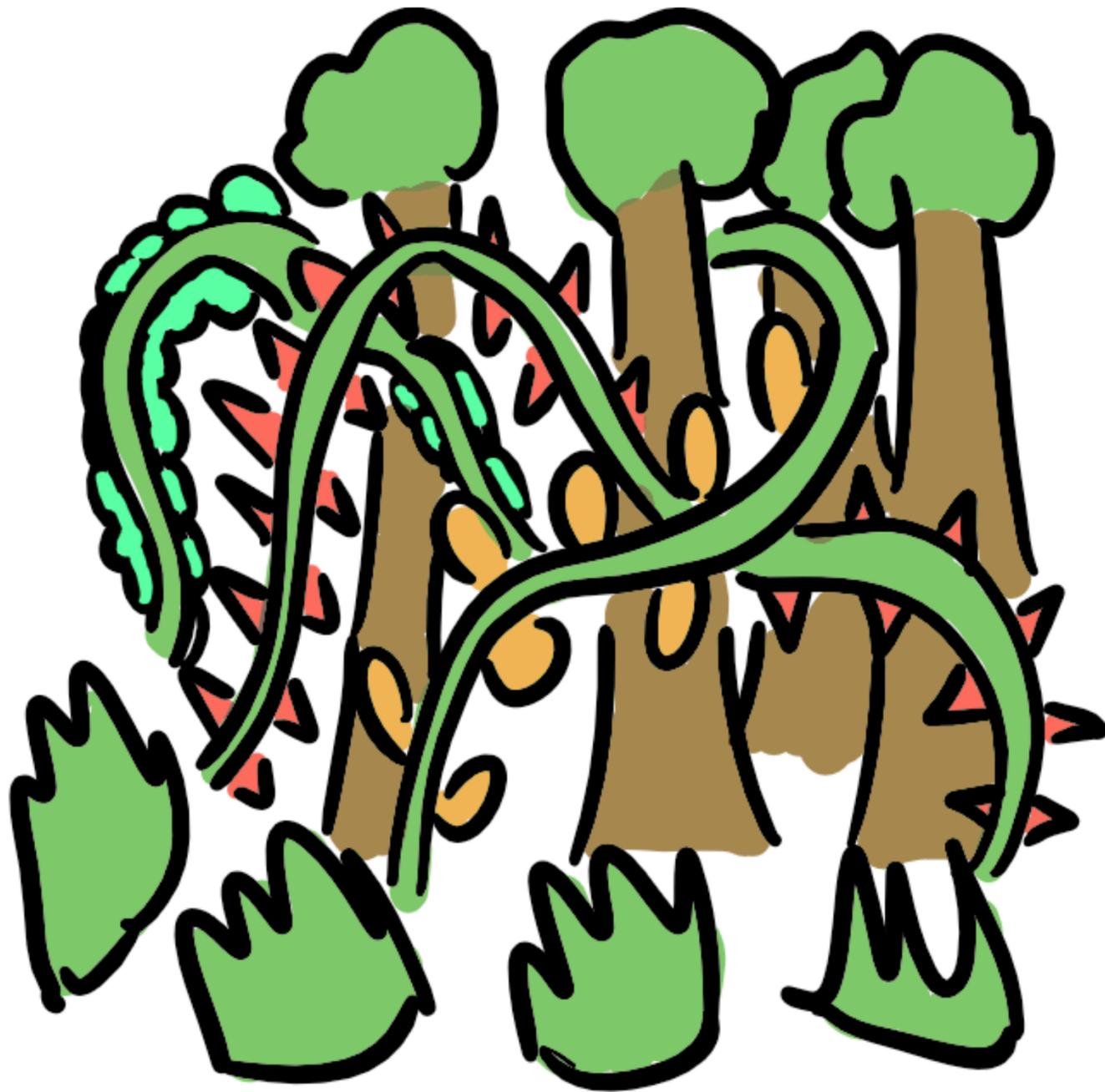
Der Konflikt-Dschungel

Konflikte lösen!



Der Konflikt-Dschungel

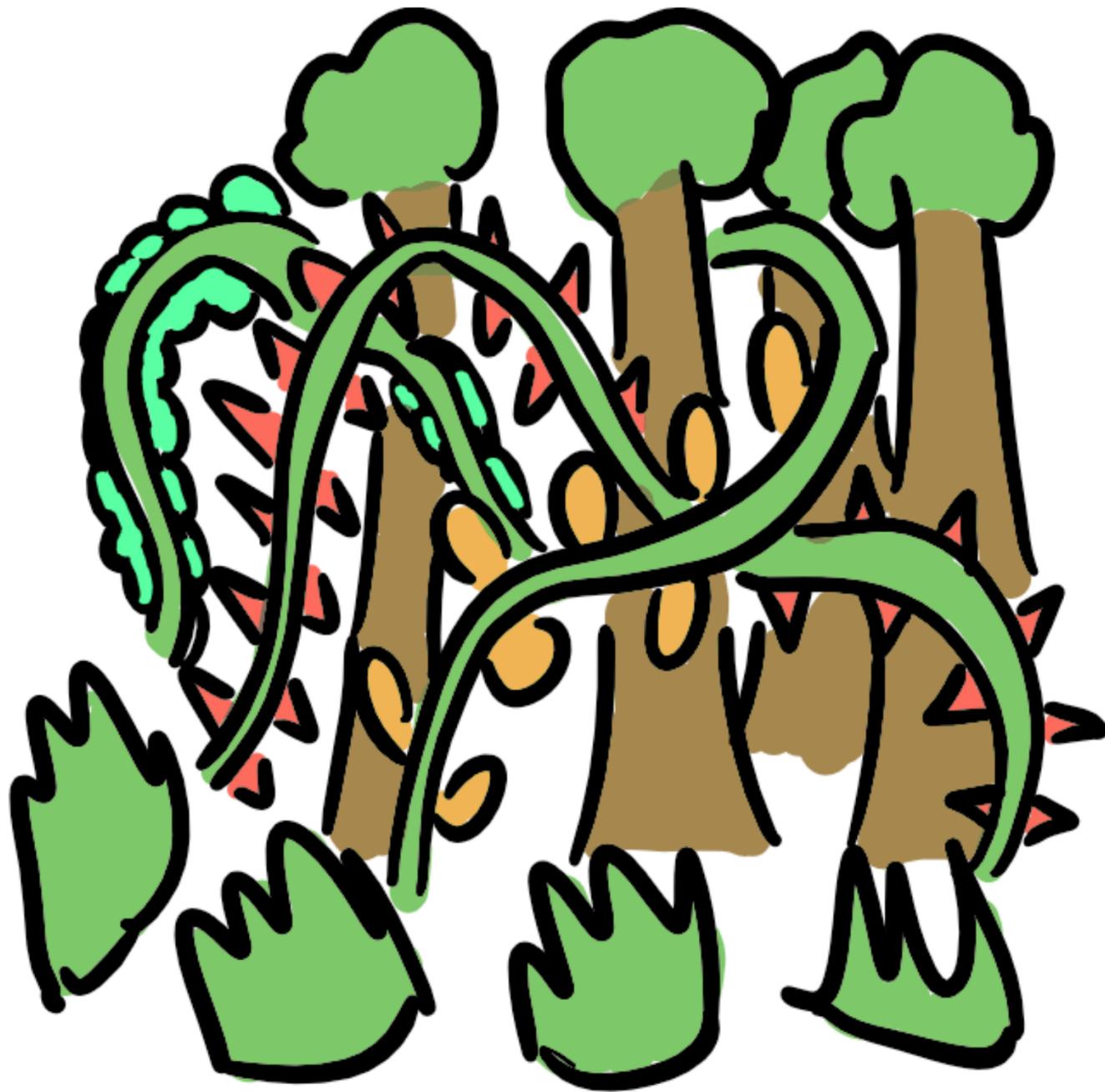
Konflikte lösen!



- Stresshormone

Der Konflikt-Dschungel

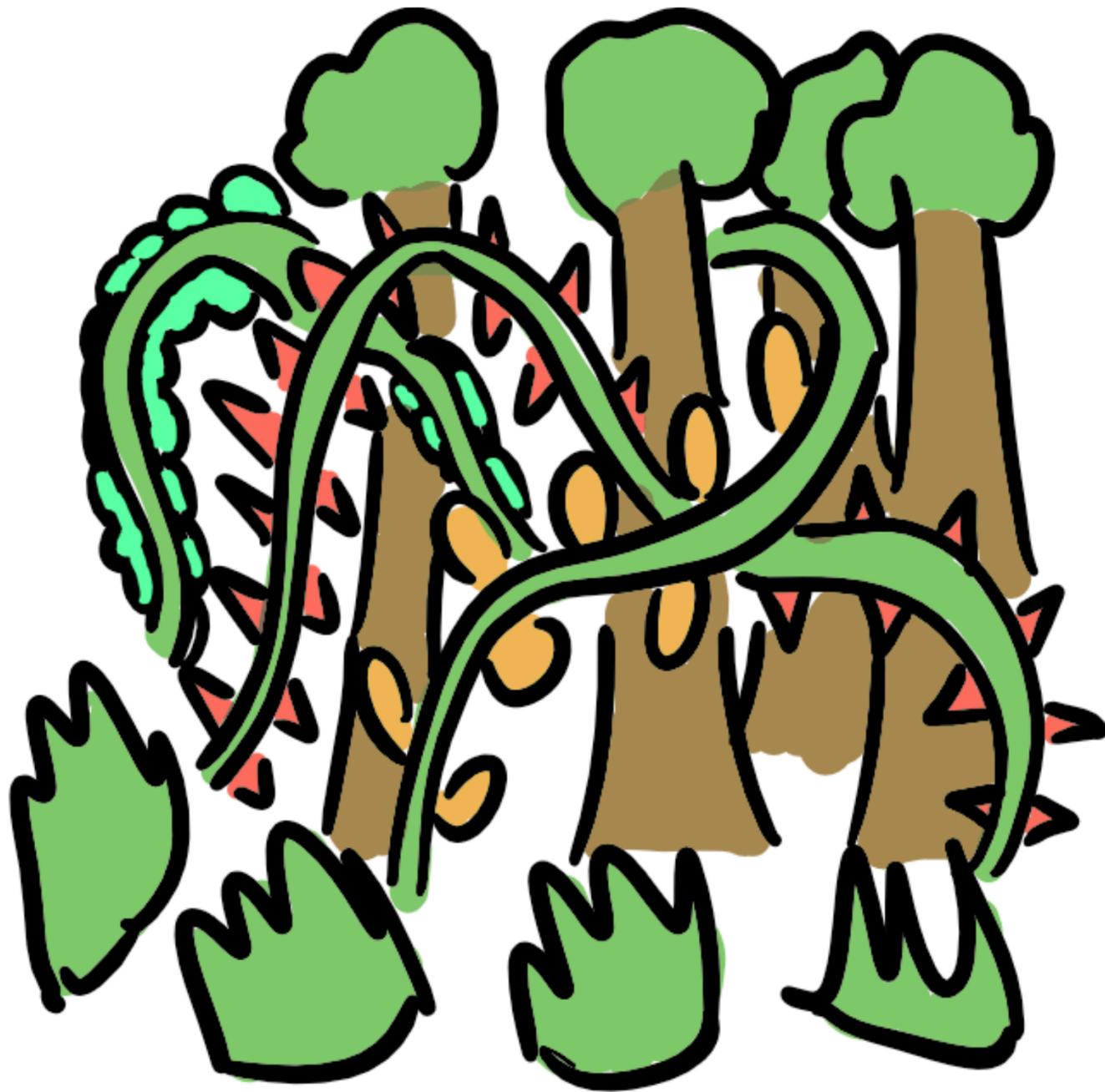
Konflikte lösen!



- Stresshormone
- Freund-Feind-Logik

Der Konflikt-Dschungel

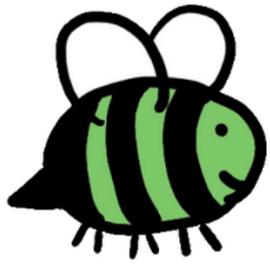
Konflikte lösen!



- Stresshormone
- Freund-Feind-Logik
- kaum Empathie, Offenheit für Informationen, Kreativität

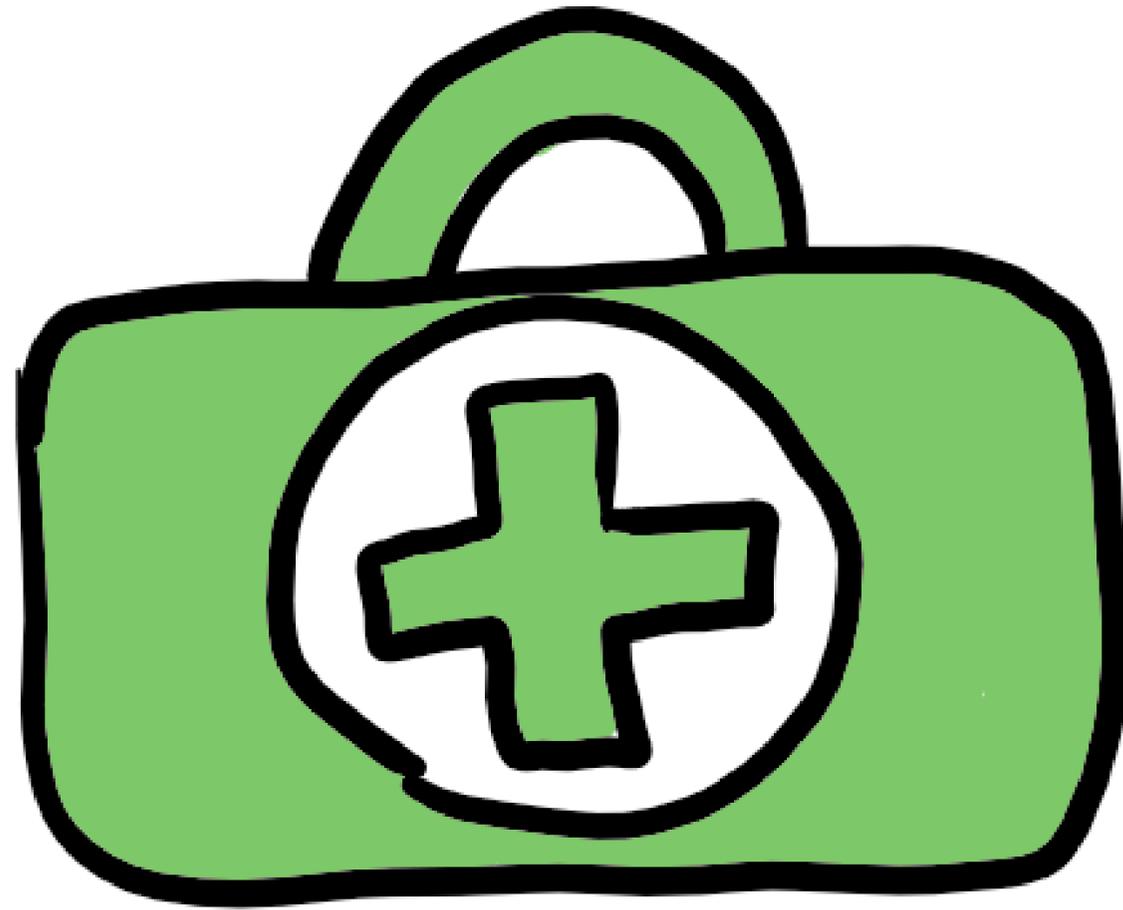
Erste Hilfe im Konflikt

Konflikte lösen!

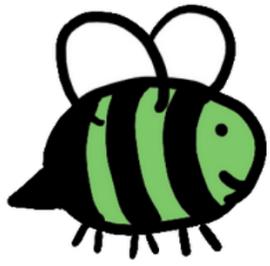


Erste Hilfe im Konflikt

Was hilft dir,
Stress abzubauen?

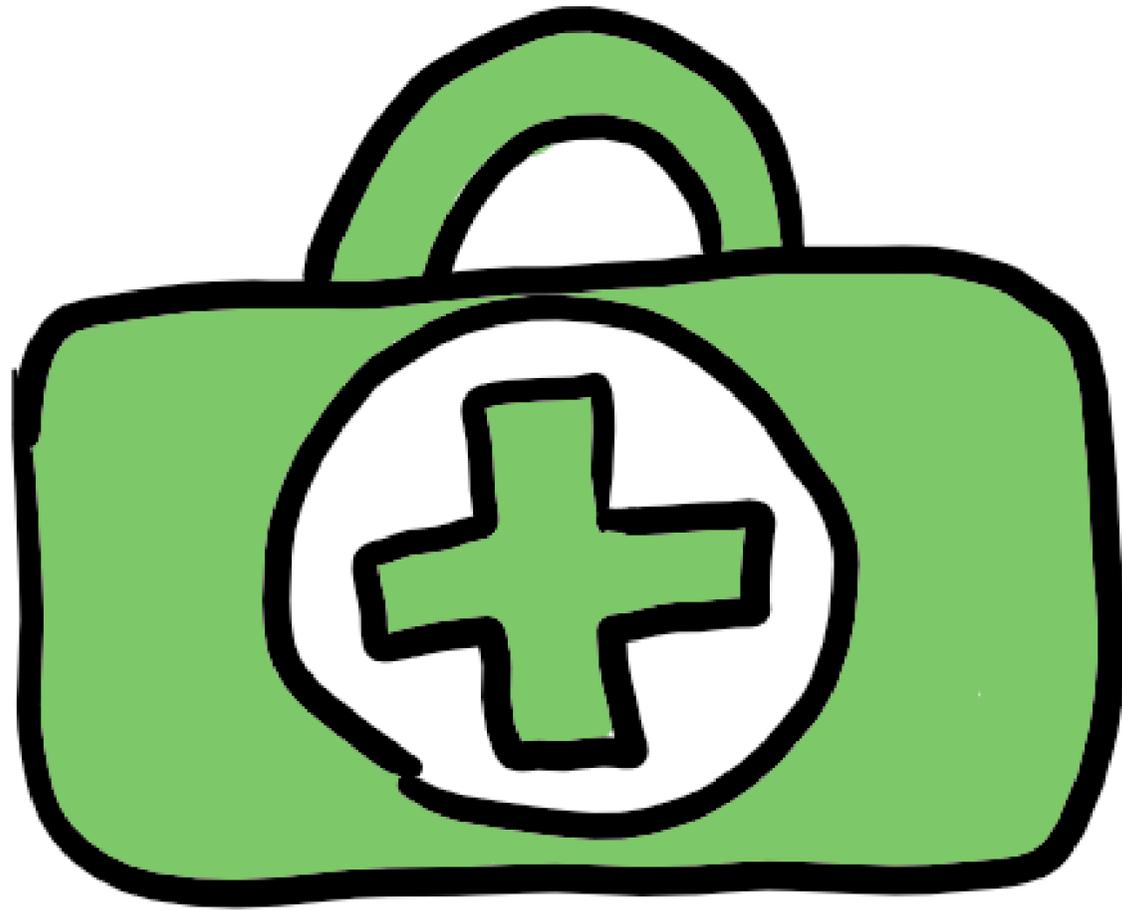


Konflikte lösen!



Erste Hilfe im Konflikt

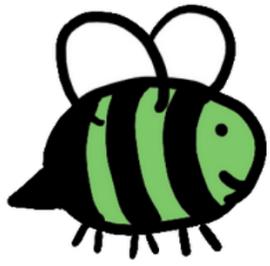
Konflikte lösen!



Was hilft dir,
Stress abzubauen?



Kurzfristig
(< 10 Minuten)



Erste Hilfe im Konflikt

Konflikte lösen!



Was hilft dir,
Stress abzubauen?



Kurzfristig

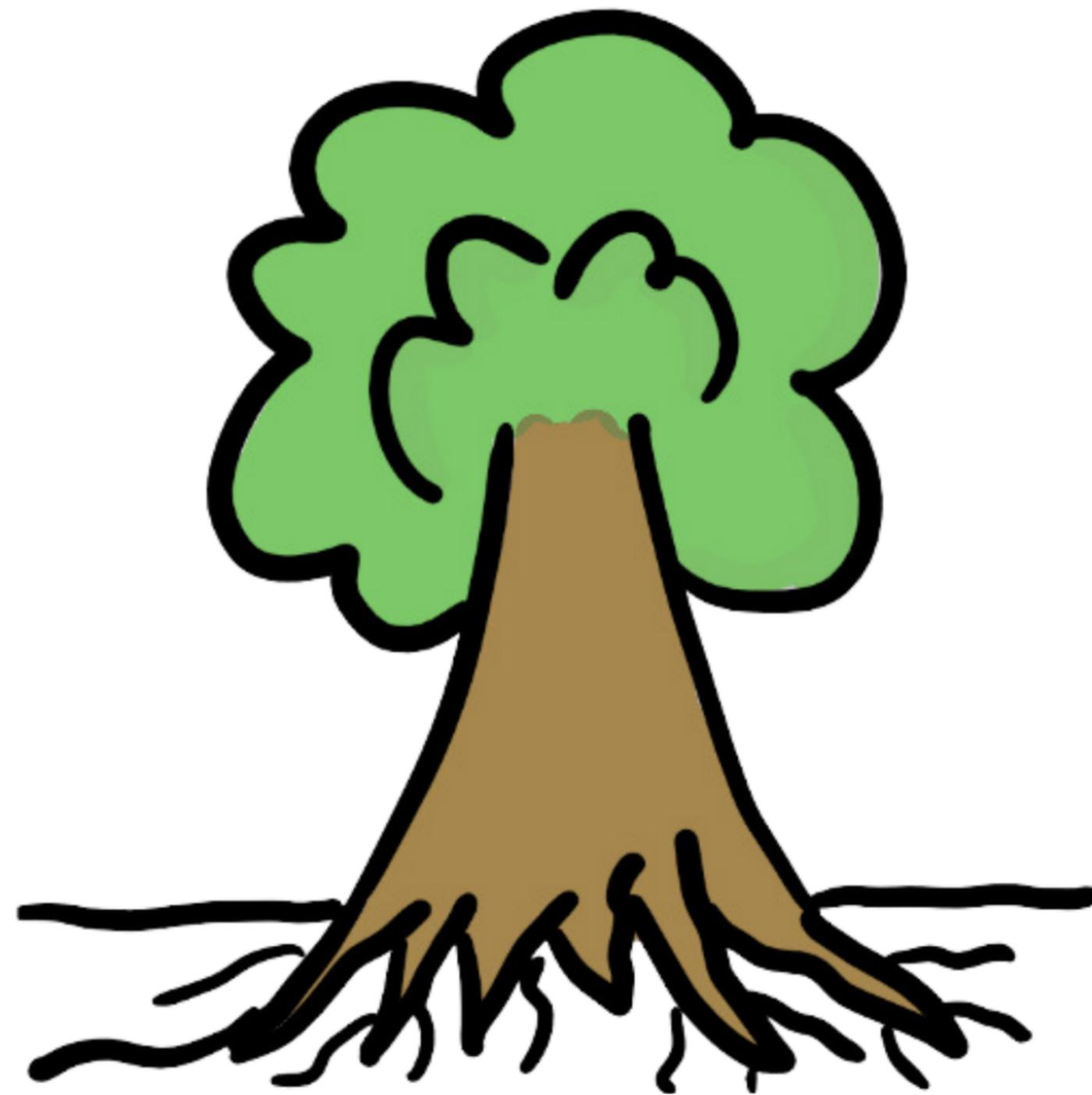
(< 10 Minuten)

Langfristig



Konflikte lösen!

Positionen

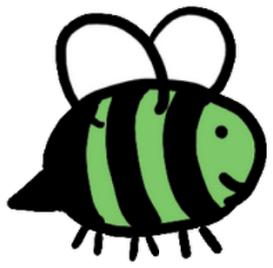
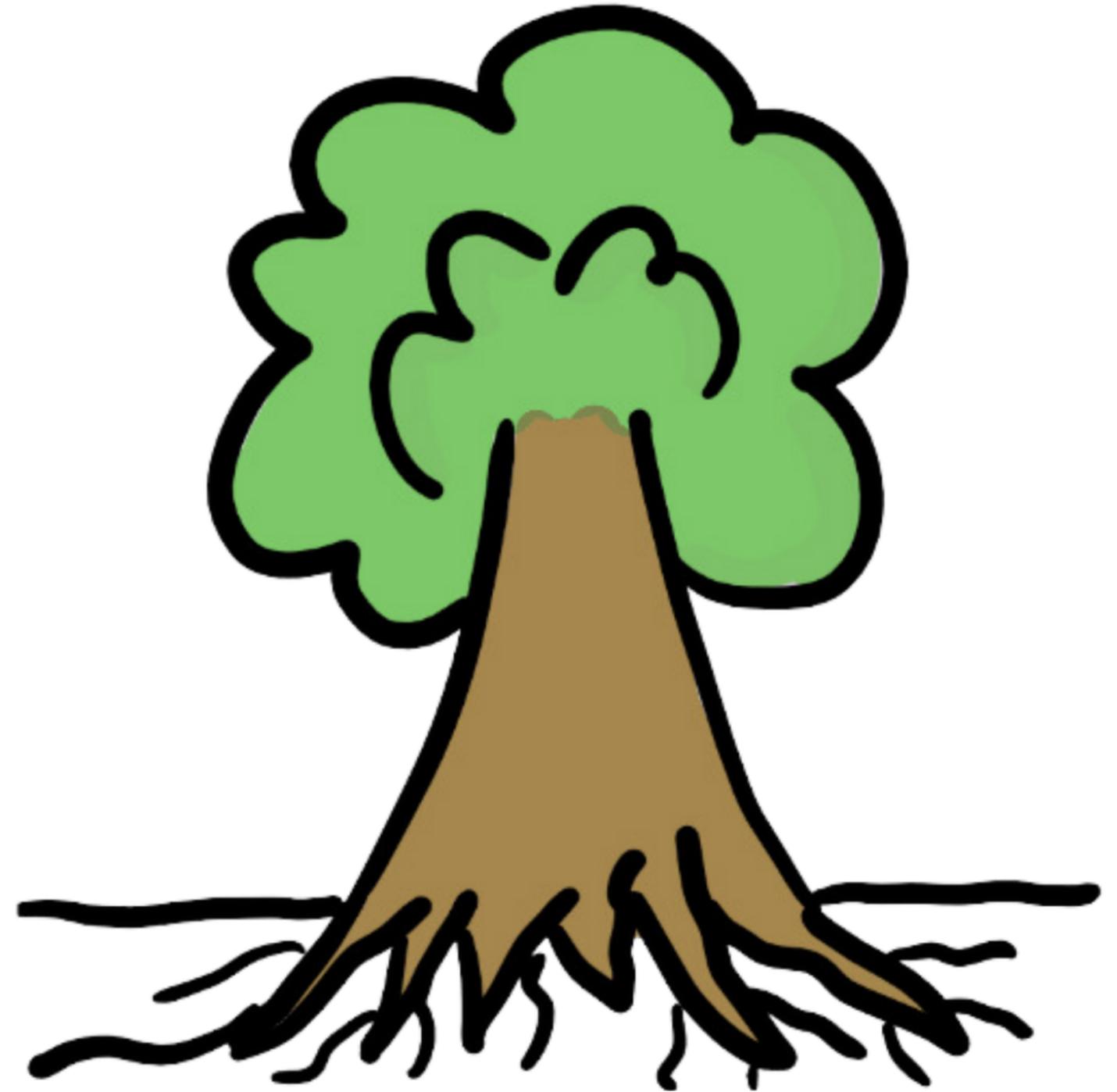


Konflikte lösen!

Positionen



Interessen

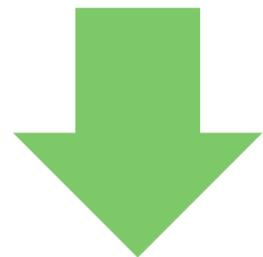


Konflikte lösen!

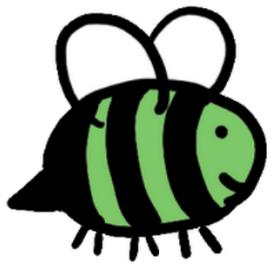
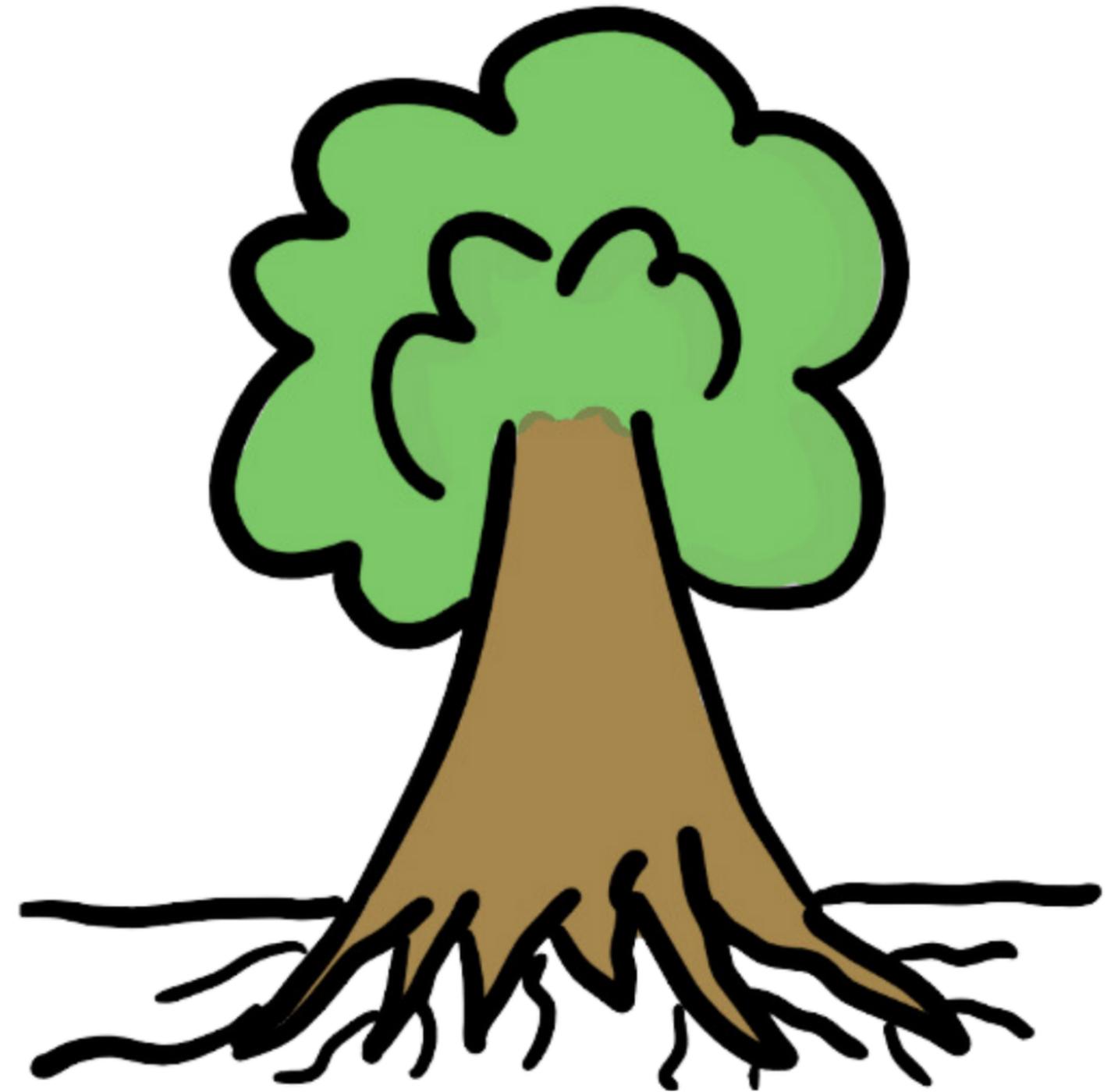
Positionen



Interessen



Bedürfnisse

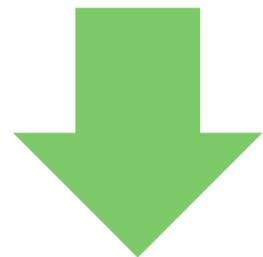


Konflikte lösen!

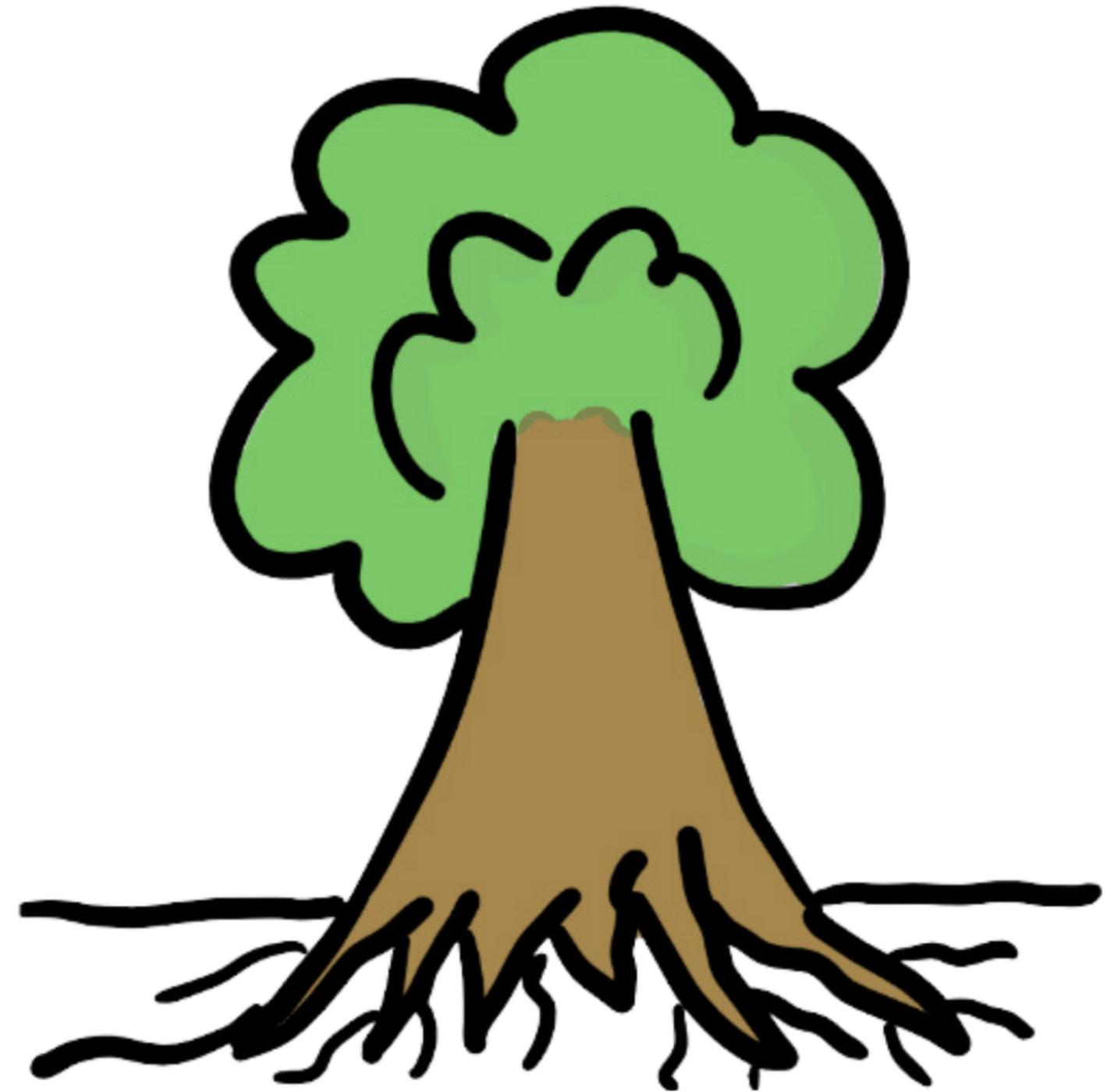
Positionen



Interessen

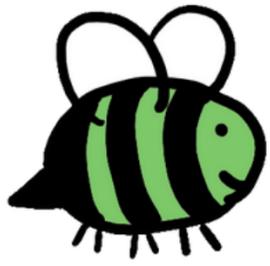


Bedürfnisse



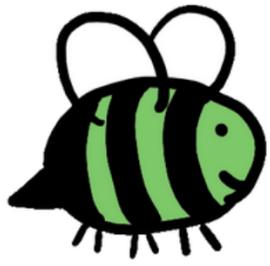
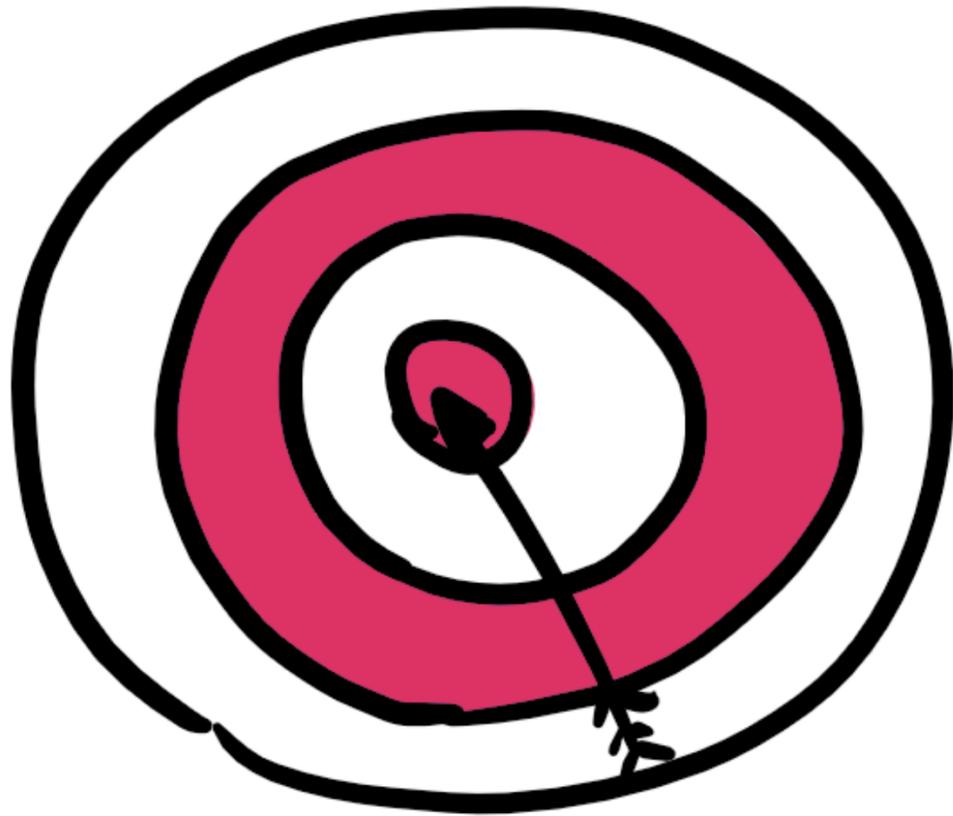
Gesprächsziel definieren

Konflikte lösen!



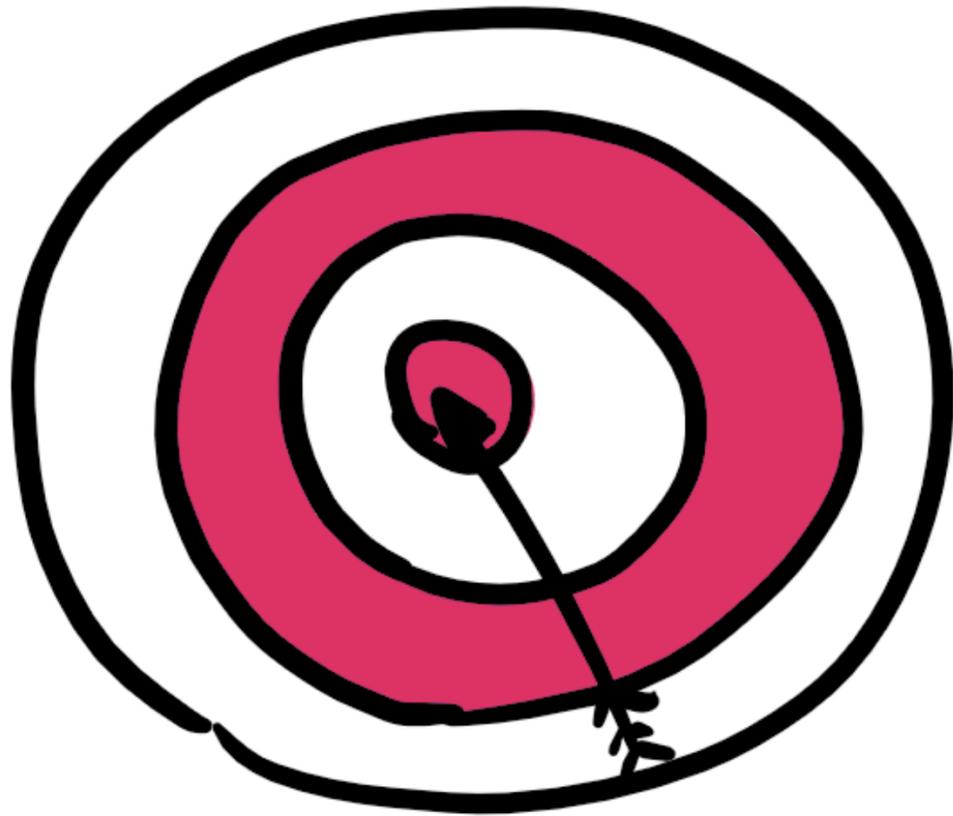
Gesprächsziel definieren

Konflikte lösen!

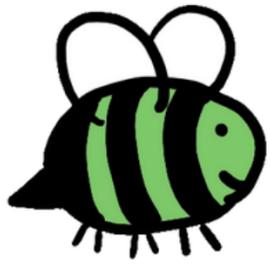


Gesprächsziel definieren

Konflikte lösen!

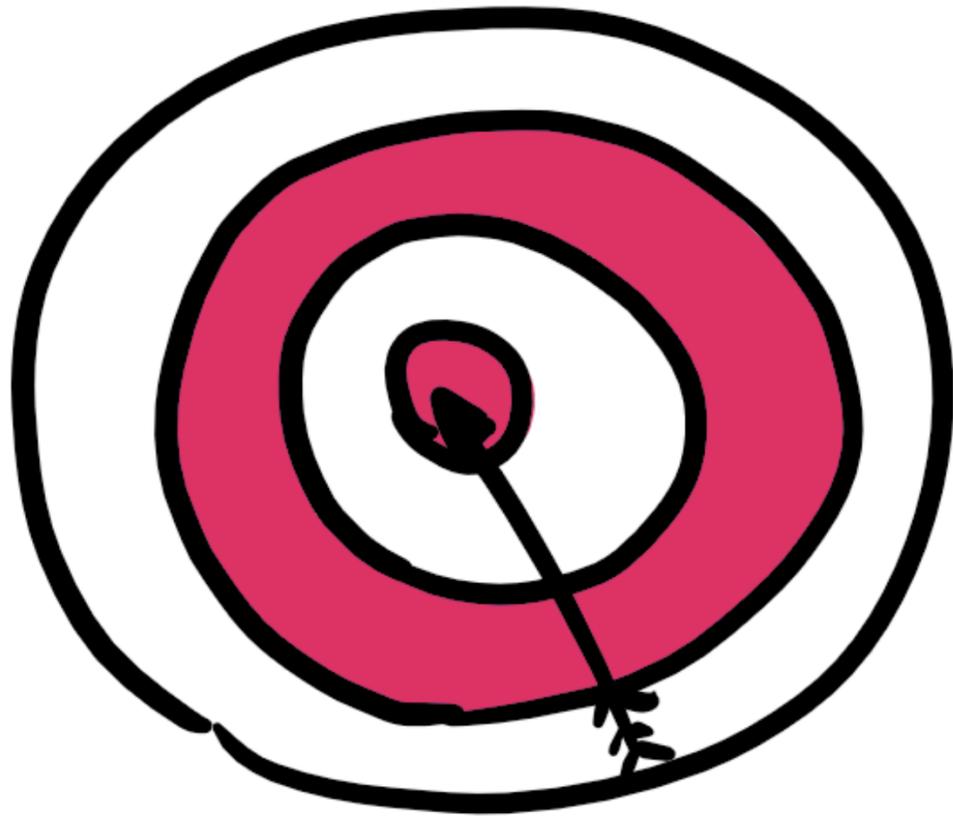


- Kontakt aufnehmen?

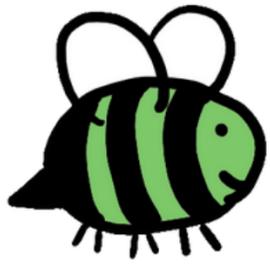


Gesprächsziel definieren

Konflikte lösen!

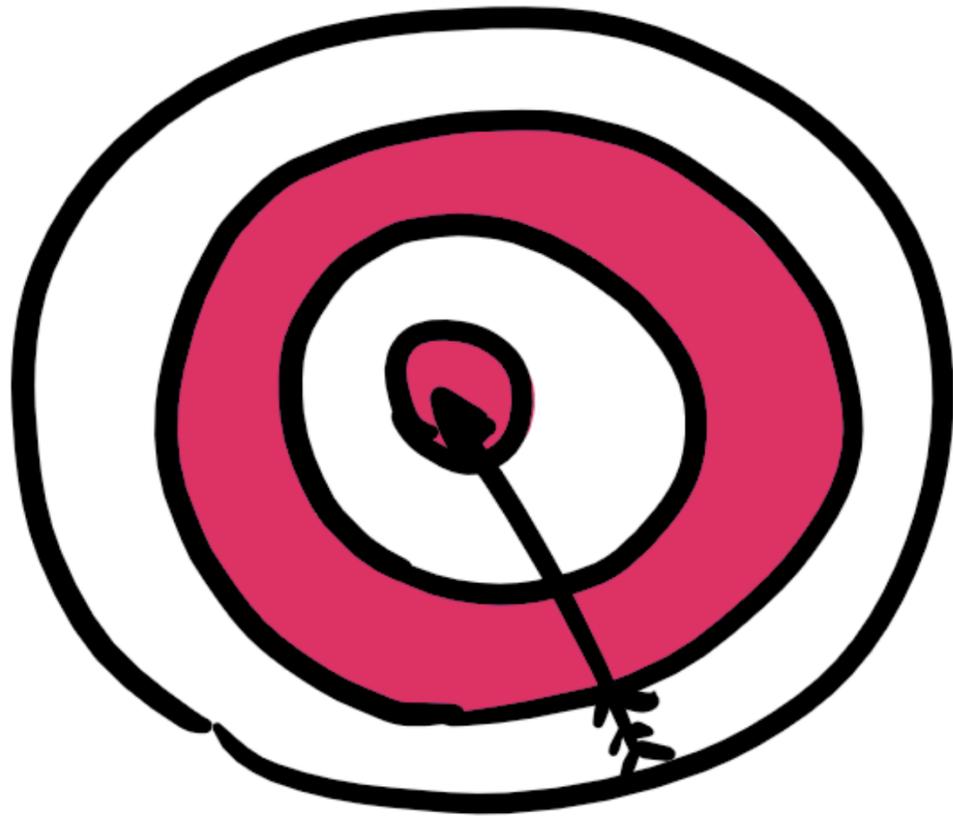


- Kontakt aufnehmen?
- Eigene Sichtweise loswerden?

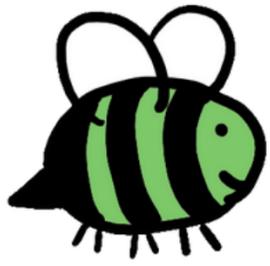


Gesprächsziel definieren

Konflikte lösen!

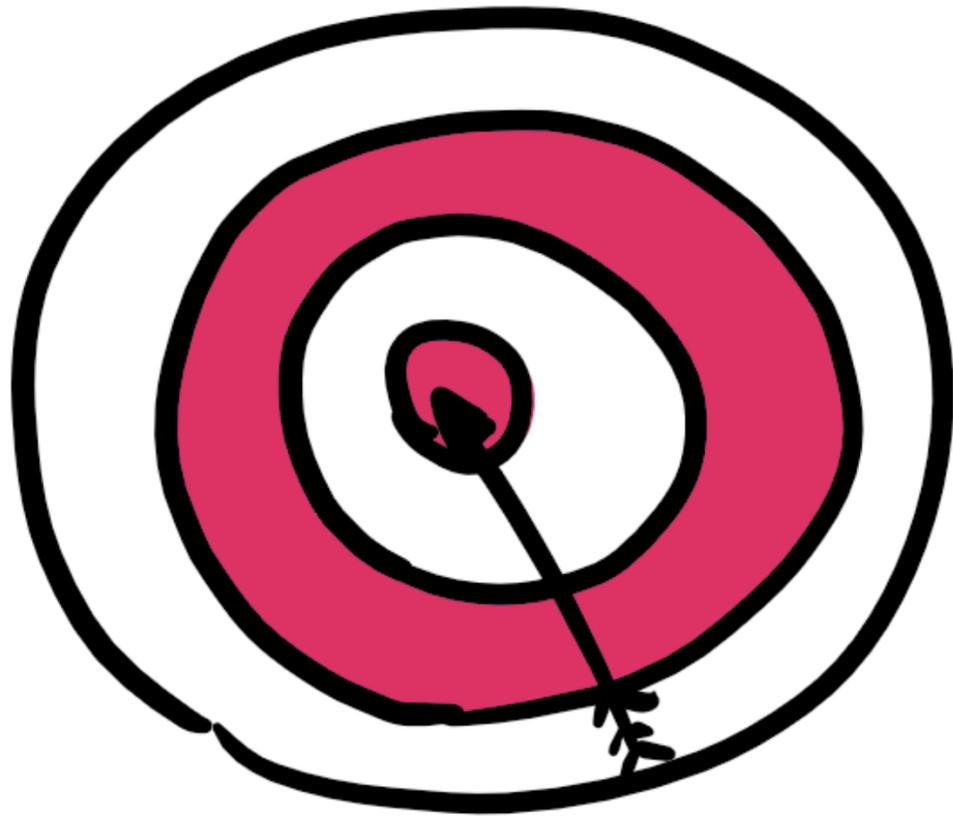


- Kontakt aufnehmen?
- Eigene Sichtweise loswerden?
- Lösung finden?

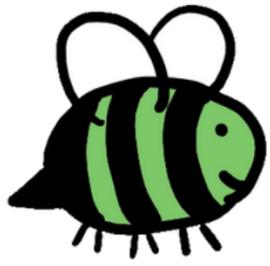


Gesprächsziel definieren

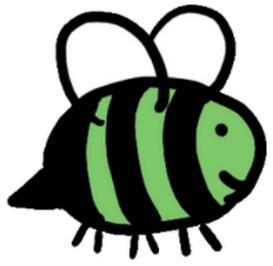
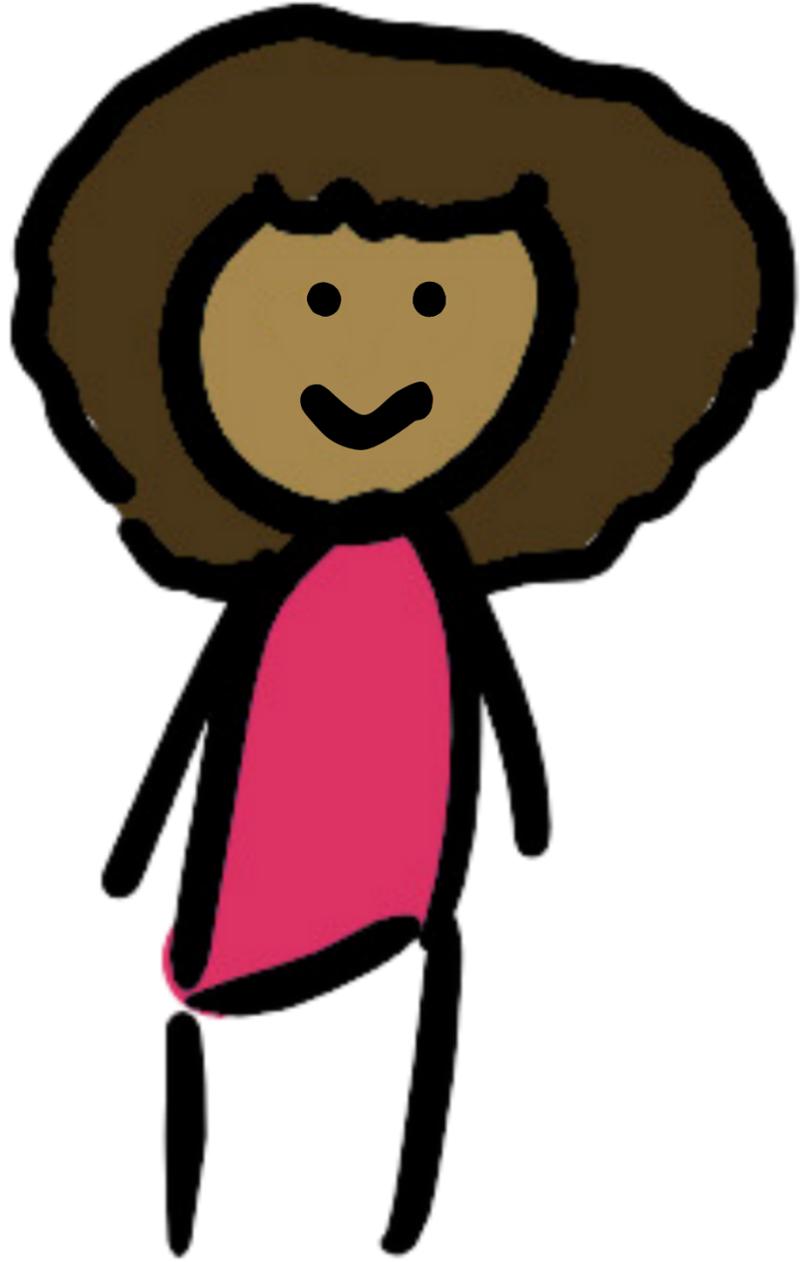
Konflikte lösen!



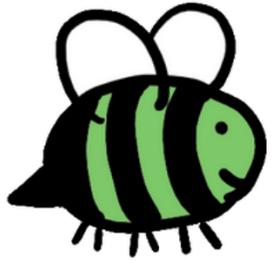
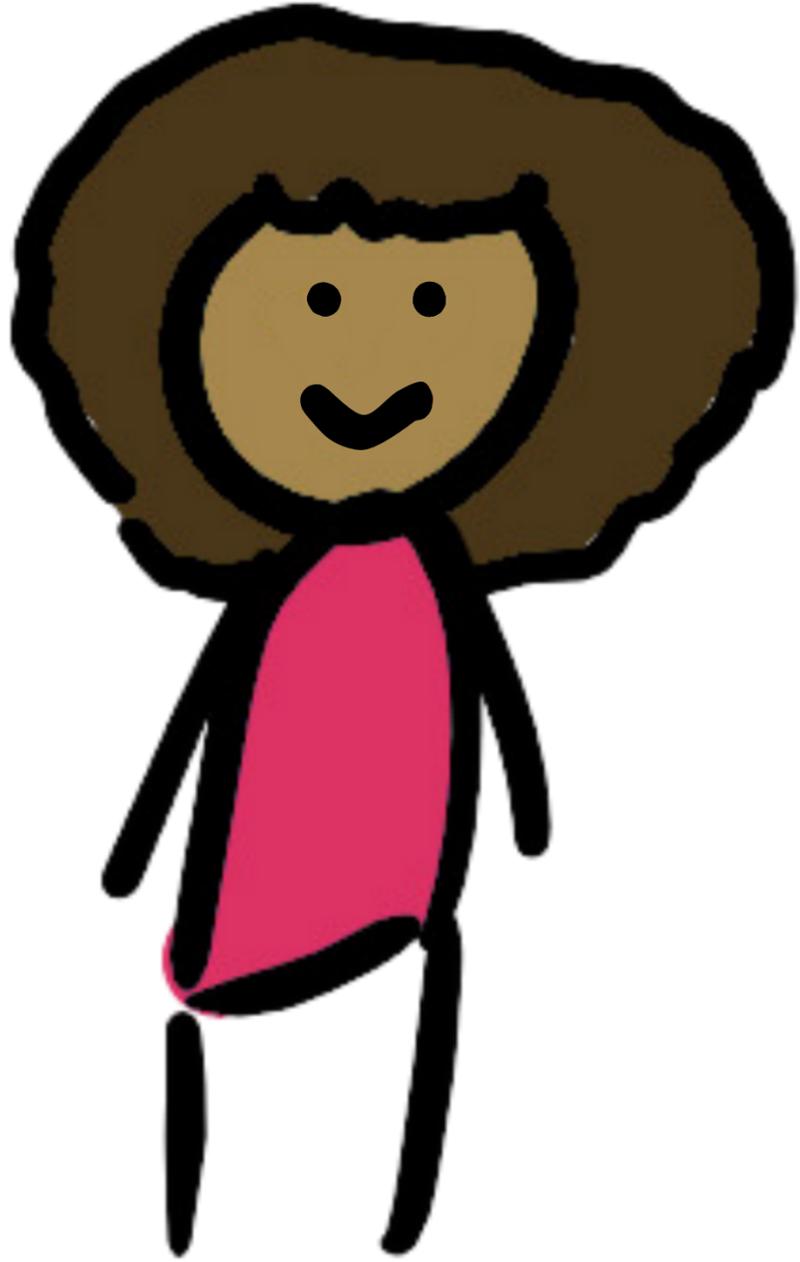
- Kontakt aufnehmen?
- Eigene Sichtweise loswerden?
- Lösung finden?
- Entschuldigung hören?



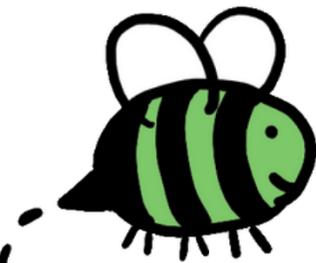
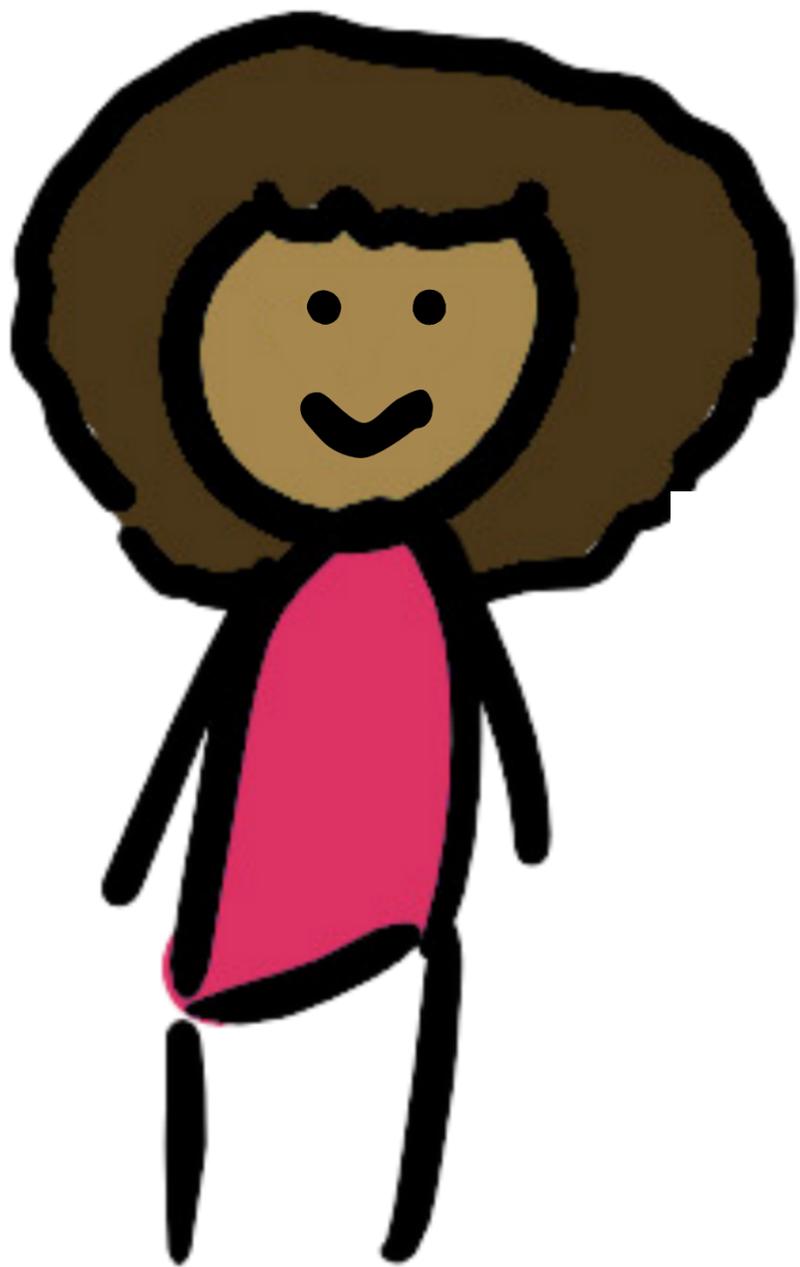
Konflikte lösen!



Konflikte lösen!



Konflikte lösen!



Konflikte lösen!

